

# Bishop Dwenger High School

Dec 10, 2018 thru Dec 14, 2018

Base Menu Spreadsheet

Bishop Dwenger High school L.

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 12/10/2018																
Bishop Dwenger High school	Total	784														
MILK 2012 FAT FREE	CARTON	525	87	3	134	0.00	0.24	200.9	335	0.8	*N/A*	5.36	16.07	0.0	0.00	0.00
Philly beef Sub	servings	390	157	22	326	1.99	4.07	74.4	102	0.0	*N/A*	9.6	15.47	6.39	3.50	0.00
Grilled Cheese, BDHS WW	1 EACH	120	57	7	148	0.61	0.55	67.3	127	0.0	*1	3.06	5.82	2.37	1.30	*0.00
PBJ jamwich	5.6 oz	51	40	0	40	0.52	0.14	5.2	8	0.0	2	1.3	4.55	2.08	0.39	0.00
potato chips(baked)1.18 oz	1 bag	546	91	0	118	1.39	0.25	27.9	0	0.84	*N/A*	1.39	18.11	1.04	0.00	0.00
Baked Beans bdhs 2018	1/2 cup	150	30	0	40	1.13	0.42	10.8	4	0.04	3	1.37	6.33	0.11	0.00	*0.00
peppers and onions	2 oz	175	7	0	33	0.45	0.11	3.0	45	1.79	*N/A*	0.15	1.19	0.3	0.00	0.00
Cole Slaw(salad bar)	1/2 cups	55	4	0	4	0.08	0.01	1.5	56	0.09	*0	0.04	0.45	0.23	0.04	0.00
Pineapple Tidbits, Commodity B	.50 cup	130	6	0	0	0.15	0.08	3.0	8	1.44	*N/A*	0.15	1.5	0.0	0.00	0.00
Applesauce/cinnamon cup	serving	100	6	0	2	0.13	0.00	0.0	8	7.65	2	0.13	1.79	0.0	0.00	0.00
APPLES,FRESH,W/SKIN	1 each	320	29	0	1	1.35	0.07	3.4	30	2.59	6	0.15	7.78	0.1	0.02	*N/A*
chocolate chip bar appleway	bar	425	76	3	41	0.54	0.59	6.0	0	0.0	5	1.08	12.47	2.44	0.54	0.00
ham & turkey & cheese sub 2015	sandwich	10	3	0	8	0.05	0.04	1.9	2	0.0	*0	0.25	0.39	0.07	0.04	0.00
wrap chicken	chicken w rap	16	10	1	14	*0.04	0.05	2.9	5	*0.0	*0	0.42	0.62	0.66	0.19	*0.00
Pork tenderloin patty PIER	3.1 oz	190	102	22	182	0.97	0.92	14.5	28	0.0	1	4.6	10.18	4.6	1.21	0.00
MUSTARD: individual PC	PC packet	50	1	0	0	0.01	0.02	0.0	0	0.0	*N/A*	0.02	0.16	0.01	0.00	*N/A*
Salad Dressing Gordon pkt	1 tablespoo	100	5	1	13	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.26	0.51	0.13	0.00
ketchup	2 pkt	80	2	0	0	0.01	0.01	0.3	10	0.08	0	0.02	0.5	0.0	0.00	*N/A*
tartar sauce pkt	pkt	15	1	0	2	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.02	0.11	0.00	0.00
ONIONS,FRESH	slice	16	0	0	0	0.01	0.00	0.1	0	0.03	0	0.0	0.03	0.0	0.00	*N/A*
TOMATOES,FRESH,RED RIPE	slice	29	1	0	0	0.05	0.01	0.5	38	0.62	0	0.04	0.18	0.01	0.00	*N/A*
lettuce salad tiny	1/4 cup	38	0	0	0	0.01	0.01	0.2	38	0.02	*N/A*	0.01	0.03	0.0	0.00	0.00
salad bar chicken & ham	servings	58	39	7	67	0.52	0.26	21.3	674	4.68	*1	1.7	4.24	1.7	0.58	*0.00
Potato soup Salad bar	7 oz servin	55	8	0	19	0.13	0.01	6.1	56	0.38	*0	0.24	1.36	0.14	0.09	*0.00
Chili Cincinnati JTM bagged	3/4 cup	15	5	1	13	0.02	0.04	0.6	19	0.1	*N/A*	0.3	0.13	0.34	0.13	0.02
Weighted Daily Average			768	69	1205	*10.16	7.90	451.7	1592	*21.16	*21	31.38	109.63	23.24	8.16	*0.02
% of Calories											*10.8%	16.3%	57.1%	27.2%	9.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Dec 10, 2018 thru Dec 14, 2018

Base Menu Spreadsheet

Bishop Dwenger High school L.

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 12/11/2018																
Bishop Dwenger High school	Total	779														
MILK - Variety	HALF PINT	530	85	5	120	0.00	0.19	203.1	335	0.67	*2	5.46	14.17	0.67	0.42	*0.00
taco meat combo	4 oz	364	69	28	201	0.81	1.16	36.3	303	2.18	*0	8.08	2.63	3.43	1.21	0.00
tortilla chips 1.5 oz bag	1.5 oz	364	103	0	75	1.40	0.34	18.7	0	1.12	*N/A*	1.4	13.08	5.14	0.47	0.00
Cheese sauce 3 oz Jalapeno cup	3 oz	364	89	14	262	0.00	0.00	140.2	140	0.0	5	4.67	7.01	4.67	2.80	0.00
PBJ jamwich	5.6 oz	26	21	0	21	0.27	0.07	2.7	4	0.0	1	0.67	2.34	1.07	0.20	0.00
ham & turkey & cheese sub 2015	sandwich	0	0	0	0	0.00	0.00	0.0	0	0.0	*0	0.0	0.0	0.0	0.00	0.00
wrap chicken	chicken wrap	12	8	1	11	*0.03	0.04	2.2	4	*0.0	*0	0.32	0.47	0.5	0.15	*0.00
Salsa(portion cup)	1 Portion	106	3	0	34	0.14	0.05	0.0	41	0.16	0	0.14	0.68	0.0	0.00	0.00
SOUR CRM,RED FAT	1/8 cup	114	8	1	3	0.00	0.00	5.8	18	0.04	0	0.29	0.29	0.58	0.36	*N/A*
lettuce salad tiny	.50 cup	36	0	0	0	0.02	0.01	0.3	72	0.04	*N/A*	0.02	0.05	0.0	0.00	0.00
lettuce salad tiny	.25 cup	245	1	0	1	0.05	0.04	1.1	244	0.13	*N/A*	0.05	0.16	0.0	0.00	0.00
tomatoes diced	.25 cup	96	2	0	1	0.12	0.02	2.5	31	0.55	0	0.06	0.31	0.0	0.00	0.00
cucumber 1/4 cup	1 oz	7	0	0	0	0.00	0.00	0.0	0	0.01	*N/A*	0.0	0.01	0.0	0.00	0.00
Refried Beans, bag BDHS	4 oz	89	16	0	58	0.91	0.21	4.6	0	0.14	0	0.91	2.74	0.17	0.06	0.00
MEXICALI CORN	1/2	99	10	0	1	*0.24	*0.06	*0.8	40	*1.53	*0	0.32	2.16	0.14	0.05	*N/A*
carrots/baby-cut	1/2 cup	101	3	0	6	0.17	0.03	1.7	519	0.52	*N/A*	0.09	0.69	0.0	0.00	0.00
Pears,Diced BDHS	1/2 cup	88	7	0	1	0.23	0.04	0.0	6	0.14	1	0.11	1.58	0.0	0.00	0.00
Applesauce/cinnamon cup	1 each	110	7	0	2	0.14	0.00	0.0	8	8.47	2	0.14	1.98	0.0	0.00	0.00
APPLES,FRESH,W/SKIN	1 each	160	15	0	0	0.68	0.03	1.7	15	1.3	3	0.07	3.91	0.05	0.01	*N/A*
BANANAS	1 EACH	127	15	0	0	0.43	0.04	0.8	11	1.43	2	0.18	3.76	0.05	0.02	*N/A*
MEXICAN RICE lunch	1/3 cup	367	35	0	66	0.31	0.20	5.1	28	0.16	*0	0.72	7.1	0.62	0.06	*0.00
SHERBERT	4 OZ	517	62	3	30	0.00	0.07	19.9	53	7.3	*N/A*	0.66	12.61	1.33	0.60	*N/A*
Pizza Tony's Pepp 50/50	4.48 oz	56	22	1	46	0.29	0.19	14.4	29	0.0	*N/A*	1.08	2.59	0.79	0.36	0.00
PIZZA TONY'S CHEESE 50/50	1 EACH	237	92	5	177	1.22	0.82	91.6	122	0.0	*N/A*	4.58	11.29	3.36	1.22	0.00
breadstick wgrain 1.31 oz	1 stick	193	25	0	42	0.50	0.27	5.0	0	0.0	*N/A*	0.99	5.45	0.25	0.00	0.00
ranch pkt 1 oz 2013	1 pkt	30	5	0	8	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.12	0.54	0.08	0.00
italian dressing pkt 1 oz 2013	pkt	5	0	0	2	0.00	0.00	0.0	1	0.02	*N/A*	0.0	0.02	0.03	0.00	0.00
ranch cups 1oz Mrs.clark	1 oz	76	7	1	27	0.00	0.00	0.0	0	0.0	0	0.0	0.1	0.68	0.10	0.00
marinara sauce 2 oz	2 oz	33	1	0	7	0.04	0.02	0.0	1	0.2	0	0.04	0.25	0.04	0.00	0.00
salad bar chicken & ham	servings	55	37	7	64	0.50	0.25	20.4	643	4.47	*1	1.63	4.05	1.63	0.55	*0.00
Cheeseburger soup	7 oz	52	18	2	45	0.07	0.09	9.6	14	0.06	*0	0.8	0.62	0.83	0.39	*0.00
clam chowder soup GFS	7 oz	3	0	0	2	0.00	0.00	0.2	1	0.03	0	0.02	0.05	0.02	0.01	0.00
Weighted Daily Average			763	70	1312	*8.57	*4.25	*588.6	2682	*30.69	*18	33.50	102.27	26.60	9.12	*0.00
% of Calories											*9.2%	17.6%	53.6%	31.4%	10.8%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 12/12/2018																
Bishop Dwenger High school	Total	761														
MILK 2012 FAT FREE	CARTON	430	73	3	113	0.00	0.20	169.5	283	0.68	*N/A*	4.52	13.56	0.0	0.00	0.00
CHICK,DICED,CKD,FRZ-COMM OD	3 OZ	625	133	63	60	0.00	0.85	10.5	38	0.0	*N/A*	20.1	0.0	5.34	1.47	*N/A*
Alfredo sauce	1 PORTIO	650	118	6	310	0.00	0.00	84.5	11	0.0	2	2.82	4.51	9.57	1.97	0.00
pasta penne 51% wg	1/2 cup	650	85	0	4	2.56	0.77	8.5	0	0.0	*N/A*	2.99	17.08	0.43	0.00	0.00
PBJ jamwich	5.6 oz	40	33	0	33	0.42	0.11	4.2	7	0.0	1	1.05	3.68	1.68	0.32	0.00
ham & turkey & cheese sub 2015	sandwich	6	2	0	5	0.03	0.02	1.2	1	0.0	*0	0.15	0.24	0.04	0.02	0.00
wrap chicken	chicken w rap	12	8	1	11	*0.03	0.04	2.2	4	*0.0	*0	0.32	0.48	0.51	0.15	*0.00
lettuce school blend	1 cup	192	2	0	2	0.16	0.12	3.3	740	0.39	*N/A*	0.16	0.49	0.0	0.00	0.00
italian dressing pkt 1 oz 2013	pkt	44	3	0	19	0.00	0.00	0.0	6	0.21	*N/A*	0.0	0.17	0.26	0.03	0.00
ranch pkt 1 oz 2013	1 pkt	148	27	1	43	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.58	2.72	0.39	0.00
tomatoes diced	.25 cup	86	1	0	1	0.11	0.02	2.3	28	0.51	0	0.06	0.28	0.0	0.00	0.00
cucumber	2 oz	48	0	0	0	0.01	0.00	0.2	2	0.06	*N/A*	0.01	0.03	0.0	0.00	0.00
carrots/baby-cut	1/2 cup	200	6	0	11	0.35	0.06	3.5	1051	1.05	*N/A*	0.18	1.4	0.0	0.00	0.00
Fruit cocktail BDHS	.50 cup	186	15	0	3	0.22	0.00	0.0	44	0.26	*N/A*	0.0	3.96	0.0	0.00	0.00
APPLES,FRESH,W/SKIN	1 each	320	30	0	1	1.39	0.07	3.5	31	2.67	6	0.15	8.01	0.1	0.02	*N/A*
Breadstick garlicWG twist 2.1	2.1 oz	650	137	0	120	2.56	1.23	17.1	9	0.0	2	4.27	23.92	3.42	1.71	0.00
Sidekick Slushie	1 serving	550	58	0	33	0.00	0.26	57.8	723	43.36	*N/A*	0.0	14.45	0.0	0.00	0.00
Applesauce/cinnamon cup	serving	50	3	0	1	0.07	0.00	0.0	4	3.94	1	0.07	0.92	0.0	0.00	0.00
salad bar/tuna salad/chicken	servings	54	39	7	66	0.52	0.25	20.8	539	1.88	*1	1.78	4.6	1.61	0.54	*0.00
tomato soup healthy	3/4 cup	70	6	0	28	0.07	0.02	0.0	28	0.41	1	0.07	1.1	0.07	0.07	0.00
Weighted Daily Average			781	80	863	*8.52	4.03	389.0	3548	*55.44	*14	38.70	99.48	25.75	6.67	*0.00
% of Calories											*7.0%	19.8%	51.0%	29.7%	7.7%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 12/13/2018																
Bishop Dwenger High school	Total	744														
MILK 2012 FAT FREE	CARTON	553	97	4	149	0.00	0.27	223.0	372	0.89	*N/A*	5.95	17.84	0.0	0.00	0.00
boneless wings golden crispy	5 pcs	340	92	12	156	1.15	0.41	0.0	0	0.0	0	8.07	5.76	4.04	0.86	0.00
boneless wings hot & spicy	5 pc	320	86	19	145	0.54	0.58	0.0	3	0.0	1	8.05	4.29	4.29	0.80	0.00
Fish WG High liner Foods	fillet	10	4	0	6	0.07	0.03	0.8	0	0.0	0	0.23	0.56	0.13	0.03	0.00
PBJ jamwich	5.6 oz	14	12	0	12	0.15	0.04	1.5	2	0.0	0	0.38	1.32	0.6	0.11	0.00
ham & turkey & cheese sub 2015	sandwich	6	2	0	5	0.03	0.03	1.2	1	0.0	*0	0.16	0.25	0.04	0.02	0.00
wrap chicken	chicken w rap	11	7	1	10	*0.03	0.04	2.1	4	*0.0	*0	0.3	0.45	0.48	0.14	*0.00
BUTTERY NOODLES BDHS	1/2 CUP	700	121	29	103	*0.77	*0.91	*12.9	146	*0.21	*1	3.34	16.26	4.63	2.57	*0.01
PEAS: frozen,steamed	.50 CUP	85	7	0	7	0.50	0.14	2.2	192	0.9	0	0.47	1.3	0.02	0.00	*N/A*
Cole Slaw(salad bar)	1/2 cups	40	3	0	3	0.06	0.01	1.2	43	0.07	*0	0.03	0.35	0.18	0.03	0.00
STRAWBERRIES: frozen	.50 CUP	214	35	0	1	0.70	0.22	4.0	9	15.18	9	0.19	9.51	0.05	0.00	*N/A*
APPLES,FRESH,W/SKIN	1 each	300	29	0	1	1.34	0.07	3.3	30	2.56	6	0.14	7.68	0.09	0.02	*N/A*
Applesauce/cinnamon cup	serving	82	6	0	2	0.11	0.00	0.0	7	6.61	1	0.11	1.54	0.0	0.00	0.00
Dinner roll Wheat Alpha	dinner roll	625	67	0	126	0.84	0.60	0.0	8	0.0	2	2.52	10.92	1.26	0.00	0.00
YOGURT TRIX VARIETY	1 EACH	550	74	0	37	0.00	0.13	0.0	0	0.0	*N/A*	2.22	14.78	0.74	0.74	0.00
BBQ portion cup 1.0 oz Mrs Cla	portion cup	210	13	0	51	0.00	0.00	0.0	28	0.0	*N/A*	0.0	3.1	0.0	0.00	0.00
ranch cups 1oz Mrs.clark	1 oz	200	19	3	75	0.00	0.00	0.0	0	0.0	0	0.0	0.27	1.88	0.27	0.00
honey mustard portion	portion cup	120	10	1	26	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.45	0.48	0.00	0.00
ketchup 3 pkg 2014	3 pkg	125	5	0	43	0.00	0.00	0.0	0	0.0	*N/A*	0.0	1.51	0.0	0.00	0.00
tartar sauce pkt	pkt	12	1	0	2	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.02	0.1	0.00	0.00
margerine cups	1 pkg	625	18	0	22	0.00	0.00	0.0	140	0.0	*N/A*	0.0	0.0	1.96	0.42	0.00
salad bar tuna & ham	servings	43	28	5	46	0.41	0.19	16.7	527	3.65	*1	1.02	3.3	1.24	0.42	*0.00
vegetarian Soup BDHS Salad Bar	7 oz	15	1	0	2	0.06	0.01	1.1	35	0.15	*0	0.03	0.26	0.0	0.00	*0.00
chili soup/salad bar	7 oz	55	15	1	36	0.56	0.24	3.7	56	1.22	*0	0.79	2.1	0.35	0.13	*0.00
Weighted Daily Average			751	74	1063	*7.31	*3.92	*273.6	1602	*31.45	*21	33.99	104.83	22.57	6.58	*0.01
% of Calories											*11.1%	18.1%	55.8%	27.0%	7.9%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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# Bishop Dwenger High School

Dec 10, 2018 thru Dec 14, 2018

Base Menu Spreadsheet

Bishop Dwenger High school L.

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 12/14/2018																
Bishop Dwenger High school	Total	789														
MILK 2012 FAT FREE	CARTON	545	90	3	138	0.00	0.25	207.2	345	0.83	*N/A*	5.53	16.58	0.0	0.00	0.00
Flatbread WG Garlic parme pizz	slice	112	43	4	81	0.43	0.26	49.7	2	0.0	0	2.41	4.68	1.56	0.85	0.00
Flatbread WG BBQ chicken pizza	slice	600	243	27	449	2.28	1.37	228.1	27	0.0	5	13.69	28.9	7.6	3.80	0.00
PBJ jamwich	5.6 oz	28	22	0	22	0.28	0.08	2.8	5	0.0	1	0.71	2.48	1.14	0.21	0.00
ham & turkey & cheese sub 2015	sandwich	2	1	0	2	0.01	0.01	0.4	0	0.0	*0	0.05	0.08	0.01	0.01	0.00
romaine lettuce ribbon cut	1 cup	160	2	0	0	0.18	0.13	3.7	924	5.54	0	0.0	0.37	0.0	0.00	0.00
ranch pkt 1 oz 2013	1 pkt	140	25	1	39	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.53	2.48	0.35	0.00
italian dressing pkt 1 oz 2013	pkt	20	1	0	8	0.00	0.00	0.0	3	0.09	*N/A*	0.0	0.08	0.11	0.01	0.00
tomatoes diced	.25 cup	54	1	0	1	0.07	0.01	1.4	17	0.31	0	0.03	0.17	0.0	0.00	0.00
cucumber	2 oz	66	0	0	0	0.01	0.00	0.3	3	0.08	*N/A*	0.01	0.04	0.0	0.00	0.00
carrots/baby-cut	.50 cup	80	2	0	4	0.14	0.02	1.4	406	0.41	*N/A*	0.07	0.54	0.0	0.00	0.00
CELERY STICKS	.50 CUP	60	1	0	5	0.09	0.01	2.3	25	0.18	0	0.04	0.17	0.01	0.00	*N/A*
ranch lite cup veg dip	1 portion	80	7	1	13	0.00	0.00	0.0	2	0.0	0	0.0	0.51	0.62	0.00	0.00
Peaches (Diced)	4 oz	260	21	0	3	0.30	0.00	0.0	89	0.36	*N/A*	0.0	5.04	0.0	0.00	0.00
Applesauce/cinnamon cup	serving	60	4	0	1	0.08	0.00	0.0	5	4.56	1	0.08	1.06	0.0	0.00	0.00
BANANAS	1 EACH	135	15	0	0	0.45	0.04	0.9	11	1.5	2	0.19	3.95	0.06	0.02	*N/A*
APPLES,FRESH,W/SKIN	1 each	160	15	0	0	0.67	0.03	1.7	15	1.29	3	0.07	3.86	0.05	0.01	*N/A*
apple juice box	box	400	30	0	3	6.08	0.00	10.1	253	30.42	0	0.0	7.1	0.0	0.00	0.00
bosco WG 4"	1 each	654	91	4	116	0.83	0.60	82.9	83	0.0	1	4.97	11.6	2.49	1.24	0.00
Ice crean sundae cup	serving	590	82	7	45	0.00	0.00	59.8	150	0.0	*N/A*	1.5	15.7	1.5	0.75	0.00
BBQ portion cup 1.0 oz Mrs Cla	portion cup	240	14	0	55	0.00	0.00	0.0	30	0.0	*N/A*	0.0	3.34	0.0	0.00	0.00
ranch cups 1oz Mrs.clark	1 oz	260	23	3	92	0.00	0.00	0.0	0	0.0	0	0.0	0.33	2.31	0.33	0.00
salad bar chicken & ham	servings	47	31	6	54	0.42	0.21	17.2	543	3.77	*1	1.37	3.42	1.37	0.47	*0.00
broccoli rice & cheese soup	7 oz	45	7	1	15	0.11	0.11	9.1	91	0.65	*0	0.29	0.9	0.24	0.15	*0.00
Weighted Daily Average			771	57	1145	12.43	3.14	678.9	3028	49.99	*15	31.01	111.44	21.55	8.21	*0.00
% of Calories											*7.5%	16.1%	57.8%	25.1%	9.6%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	
Weighted Average			767	70	1117	*9.40	*4.65	*476.4	2491	*37.74	*17	33.72	105.53	23.94	7.75	*0.01
											*20.5%	17.6%	55.1%	28.1%	9.1%	*0.0%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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# Bishop Dwenger High School

Dec 10, 2018 thru Dec 14, 2018

Base Menu Spreadsheet

Bishop Dwenger High school L.

Weighted Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	767		750 - 850	100%													
Cholesterol (mg)	70																
Sodium (mg)	1117		1420														
Fiber (g)	9.40				Missing												
Iron (mg)	4.65				Missing												
Calcium (mg)	476.4				Missing												
Vitamin A (IU)	2491																
Sugars (g)	17	9.11%			Missing												
Vitamin C (mg)	37.74				Missing												
Protein (g)	33.72	17.59%															
Carbohydrate (g)	105.53	55.05%															
Total Fat (g)	23.94	28.10%															
Saturated Fat (g)	7.75	9.09%	<10.00%														
Trans Fat <sup>1</sup> (g)	0.01	0.01%			Missing												

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